

Download Comprehensive Sports Injury Management: From Examination Of Injury To Return To Sport

The anterior cruciate ligament (ACL) is an important stabilizing ligament of the knee that is frequently injured by athletes and trauma victims. To help ensure the health and safety of young athletes, CDC developed the HEADS UP Concussion in Youth Sports initiative to offer information about concussions to coaches, parents, and athletes involved in youth sports. The HEADS UP initiative provides important information on preventing ...Keeping children and teens healthy and safe is always a top priority. Whether you are a parent, youth sports coach, school coach, school professional, or health care provider, this site will help you recognize, respond to, and minimize the risk of concussion or other serious brain injury. Mild traumatic brain injury (TBI) is common and, while typically benign, has a risk of serious short- and long-term sequelae. Important considerations in the man - Comprehensive Sports Injury Management: From Examination Of Injury To Return To Sport