

# Download Authentic Mexican Regional Cooking Authentic

Today I will be sharing one of my favorite Mexican recipes with you, Chorizo. When Europeans hear this word they think of a fermented cured red sausage (Spanish chorizo). Mexican cuisine draws on indigenous staples like chile peppers and corn. Turn the latter into homemade masa, which can be used as a base for the best masa recipes, namely, excellent tortillas. Mexican cuisine began about 9,000 years ago, when agricultural communities such as the Maya formed, domesticating maize, creating the standard process of corn nixtamalization, and establishing their foodways. Recipe submitted by Bruce Herder, Washington State. First off I just want to mention that this recipe was sent in to me by Bruce Herder from Washington State. - Authentic Mexican Regional Cooking Authentic