

Download Spiritual Transformation In The Twelve Steps

After reading *Spiritual Transformation in the 12 Steps* I am eager to apply the teachings to my own life as well as rely on this book as a research reference. The introduction exemplifies Lancer's detailed approach; while I was familiar with Bob Wilson's founding role in AA, it was not until I read Lancer's book that I became aware of Carl Jung's important influence on Wilson. The Twelve Steps of Twelve-Step programs can be used to attain spiritual transformation and unshackle the true self from the constraints of the ego. The Twelve Steps of Twelve-Step programs can be used to attain spiritual transformation and to unshackle the true self from the constraints of the ego. Incorporating concepts of Carl Jung, codependency expert Darlene Lancer LMFT provides an in-depth, psycho-spiritual analysis of how each step is designed to be practiced to achieve this spiritual awakening whether or not you believe in God. The Twelve Steps of Twelve-Step programs can be used to attain spiritual transformation and unshackle the true self from the constraints of the ego. Codependency expert Darlene Lancer describes how each of the Twelve Steps should be practiced and is so designed to achieve this spiritual awakening. - *Spiritual Transformation In The Twelve Steps*