

# Download Changing Lessons, Changing Lives

Last week, communities across the country began conducting “counts” of their homeless populations, an effort most will wrap up this week. The results will be published later this year in a report assessing the state of homelessness in America—including whether it is going up or down. Changing Lives Martial Arts has 3 convenient locations serving Virginia Beach and Chesapeake. We offer a variety of specific programs for each age group. There’s no denying that education is constantly changing, but what’s truly astonishing is the difference that can be seen just in the past generation. These two pictures (cardboard testimonies) tell the story. The first one reads, “Before Mission Hope for Kids...Depressed, Worthlessness, No Friends, Thoughts of Suicide!!” - Changing Lessons, Changing Lives